



Falcon Homeschool Program Newsletter

March 12, 13 and 14 2024

UPCOMING DATES:

March 12, 13 14: FHEP PEP Hawaiian Day

March 13: Arts and Stem Field Trip to the Planetarium

March 18-29: D49 Spring Break, district closed, no school

April 4th: Ms Kassi's field trip to Garden of the Gods

Front Desk Number: (719) 495-5373

Class Updates:

Arts and STEM Exploration

Ms. Jill

It's FIELD TRIP week! I am so excited to experience the Planetarium with all of you this week! Today, you will receive another email from me with the map and final details reminding you of whether you chose to meet us at the Planetarium or will be leaving from FHP! Please remember that if you take your own student on the trip and are not having them return to FHP after the field trip, you will need to sign them out with Ms. Amber or I before you leave the Air Force Academy.

I hope that you all have a wonderful Spring Break and enjoy some relaxation! I will look forward to seeing you all back on Wednesday, April 3 to begin our fourth quarter. Please email me at jill.foster@d49.org with any questions that come to your mind!

Ms. Amber

Time for our long awaited Planetarium Field Trip! We will apply our knowledge on planets, the solar system and Newton's laws and see it in action through the planetarium show. Please do not hesitate to reach out with any questions. Email: amber.albrecht@d49.org

Ms. Stacy's Class (K-1)

It's FHEP Pep Week and this week we get to wear our Hawaiian wear. Put on your T-Shirts, hats and sunnies and have fun this week as we head into spring break. In Science this week we will be exploring the playful and agile Dolphin. In Social Studies we will be finishing and closing out our study of Life Long Ago. We will begin our study of what makes a community, when we return from break.

Ms. Nancy has sent the online field trip survey for our field trip on April 24th to the Denver Aquarium. Please fill out the survey even if your student is NOT planning to attend so we have accurate counts of who is planning on attending and who is not. If you or your child is interested in attending please fill out the survey and send in the signed permission slip and money in an envelope to Ms. Nancy or I.

I wish you all a wonderful, and restful Spring Break. I will be looking forward to seeing all my students on Tuesday, April 2. Have a great week and please don't hesitate to contact me with any questions or concerns. stacy.kley@d49.org

Ms. Kassi's 2/3 Class

DUE THIS WEEK: Please make sure to fill out your online field trip survey from Ms. Nancy and bring your permission slip and \$2 if you are attending

our field trip to Garden of the Gods by March 14th. Fill out the survey even if your student is not attending so we know not to expect them. We also need a few chaperones if you are willing to help carpool and supervise students for the duration of the trip.

This week in social studies we will be learning about the social class system in Ancient Rome during the Republic and the Imperial period. We will also discuss mosaics, be artisans, and make our own mosaic.

In science we will learn about other properties of matter and participate in testing matter by doing a flexibility lab.

Have a wonderful spring break and I look forward to seeing everyone in early April. I will be going to see my grand babies and family in Michigan!

Please do not hesitate to email me anytime with any questions or concerns at kassi.nemeth@d49.org.

Ms Leanne's Class (4-5)

Happy Hawaiian Day! I look forward to seeing all the students dressed up in their Hawaiian shirts, spring break t-shirts, summer favorites, etc...see below for details. We'll combine both our Civil War unit and art today by learning about Winslow Homer. Did you

know that he was an illustrator for the Civil War? In science, students will be building suspension bridges. Our survey for our field trip to the Royal Gorge, April 30th will go out right after break. I can't wait!

Have a great Spring break: get some rest and have some fun. Don't hesitate to contact me if you have any questions or concerns. leanne.mckinney@d49.org

Ms Amber's Class (6-7)

This week in science we are finishing up our rocks and minerals unit with our Rock WWE Smackdown videos. We will finish them completely and watch them in class week. Make sure the videos are turned into Schoology in the proper area. We will also be finishing up our Gold Rush unit in social studies this week. We will be doing a final claim jump round, finishing our travel challenges and seeing who struck it rich with the most gold nuggets! Please do not hesitate to reach out with any questions.

Email: amber.albrecht@d49.org

PROGRAM REMINDERS

New Field Trip Policy

IMPORTANT - We have a new policy for completing paperwork for field trips: First you must complete the survey that will be sent to you via email three to four weeks before the field trip. It lets us know if your child is attending and if your child needs a ride. Then we need your permission slip, and money; if money is needed, turn these in together. All of these steps need to happen before the field trip. Our teachers have put a lot of time and effort into finding wonderful field trips that go with their curriculum, that they feel their students will love and benefit from. We want all our students to experience our field trips.

However, our new policy is that all items are due no later than one week before the field trip: the survey, permission slip and money (if applicable). If those items don't get turned in one week prior, your child will not be able to attend the field trip. We will have a list on the board in the multipurpose room of all the upcoming field trip dates and what's needed for each one. Your child's teacher will also have due dates on their wipe boards outside their classrooms.

FHEP PEP Hawaiian Day

In honor of Spring Break, we have made this week our next FHEP PEP Days. Students have the opportunity to dress in their Hawaiian shirts, floral print shirts/pants, Spring break t-shirts, leis, and sun hats. Let's have some fun kicking off Spring Break. (Please no bathing suits)

Note from the Registrar's Desk

Hello wonderful FHP families. Thank you to all of you who completed our Intent to Return Survey. We are thrilled with how many of our families will be returning next school year, 24-25. We have placed your student(s) on our official rosters for next year based off of your survey answers. You will be receiving a confirmation email within the next month.

However we do understand that sometimes plans change. If your plans change, whether that be moving, changing educational needs, etc., please let Ms Nancy know as soon as your plans are finalized. All of our classes are filling up quickly, so as a courtesy to families on our waitlists, we don't want to hold a space for your student(s) if they will not be returning.

Thank you so much, Ms Nancy - nancy.carder@d49.org

Chaperone and Driver Info

Spring Classroom Field Trips are Quickly Approaching - Have you completed a background check yet?

Field trips for our program depend on parent drivers and chaperones. If you would like to help out our program and volunteer, you will need to have a background check completed by District 49.

- If a background check is completed between July 1 and Feb 28, the background check is valid through June 30.
- If a background check is completed between March 1 and June 30, the background check is valid until June 30 *of the following year*.

To complete a background check follow this link and complete the application linked at the bottom of the page. The cost of the background check is \$5.00. Thank you so much for your willingness to help our program with this need. [Volunteer applications](#)

****Please note that if you would like to go on the field trip with your student, but are NOT chaperoning or driving other students, you do NOT need to have a background check completed.**

If you have any questions regarding volunteering, please contact Ms. Nancy at nancy.carder@d49.org

Spring Break–March 18-29

Spring is just around the corner, and with the start of spring comes Spring Break. D49 has a two-week Spring Break March 18-29. We hope you get to spend some wonderful time with your delightful children, and we'll look forward to seeing students back for classes the week of April 1, 2024!

FHP T-Shirt and Hoodie Orders

If you missed out earlier in the year, Brandy Wilson is doing FHP shirts and hoodies again! There will be forms available this week in the multipurpose room. The window for ordering will be available until March 14th; the order form has several options for designs and colors. Please return the completed orders to Ms. Rachel with payment or Venmo name on the top of the order form- she has included specific details on the forms as well. She is then hoping to have orders returned by April 2nd after Spring Break.

49 Photo Opt Out Policy Update

Hello Families, this is a letter that was sent to us from our District 49 Digital Communications Manager, Joe Quevillion.

Dear Parents,

Last month, District 49 sent out a message to families that have signed a media denial form. This update only applies to those families. No action is needed if this doesn't pertain to you.

In order to confirm District 49 has the correct students listed in our new Photo Opt Out policy, we are asking that you resubmit a new form approved by the Board of Education.

Over the past several years, we have seen numerous incidents where a student was listed in the previous "media denial" form, but parents allowed them to participate in photos and videos.

In November, the Board of Education approved a new Photo Opt Out policy. If you would like your student to remain listed in our Photo Opt Out policy you must fill out the new form in PowerSchool.

We will begin using the new Photo Opt Out list in March.

Instructions can be found on the D49 website here:

<https://www.d49.org/Page/10310>

I have checked in Powerschool on some families that I know were previously "media denied" and they are no longer showing up as so due to the form not being filled out. I mark media denied earlier in the year, so thankfully I know who does not want their child to be pictured for this year, but it will not be the case for next year, so please take the time to fill out the form if you need.

Help for High School: A Day of Seminars and Workshops

Thursday, Apr 25, 2024@ The Campus

Our FHP staff is so excited to invite all current middle and high school FHP parents to our second Help for High School Day filled with helpful seminars and workshops. This year we will be having three different sessions which all focus on something different: High School 101, Transcript Workshop, and Concurrent Enrollment Info Session. Parents may sign up for one session or all three!

If interested please register for the workshop by April 24th using the following link for the sessions you would like to attend: [Help for High School](#)

Homeschool Helpful Tips

Building Resiliency in our Children

As parents, we want our children to be strong problem solvers, to be able to face new challenges, and to feel self-confident in the world. Eventually, we as parents want our children to be successful, confident, and happy adults. But how can we help encourage all of these resiliency skills in our children?

Here are a few tips and tricks that are helpful when raising resilient children:

- Allow children to make age appropriate, safe decisions for themselves.
- Teach children how to solve age appropriate problems themselves; do not solve all their problems for them.
- Teach children how to handle their emotions and feelings in positive ways.
- Help children learn to advocate for what they need.
- Allow children to fail as long as safety is not a concern but we learn so much through failure. (I know this is so hard as a parent).
- Help your child and family understand growth mindset and how to learn from mistakes. A phrase we use in our house is, *"Sometimes you win, sometimes you learn."* So when kids fail, always take advantage of the teachable moment.

Here are a few more articles if you would like to read more about raising resilient children:

[Promoting Mental Health: Homeschool Strategies for Resilient Kids](#)

[Developing Resilience in Homeschooled Children](#)

Find Joy in your every day!

Ms. Kassi, FHP Home Based Education Specialist
kassi.nemeth@d49.org

Parent Interest Inventory - FSCP

D49 has partnered with the Colorado Department of Education Office of Family, School and Community Partnerships and they want to hear your voice in making sure the District is picking the right information to share with you!

The District is asking that you take a minute to complete the below survey and indicate what you, as a parent or guardian, would like to have more information about as you support your child through their educational journey.

Thank you for your feedback and input!

Please complete and submit the survey by March 11th. Survey Link: [Parent Survey](#)